

MARCH Announcements for the Region 1 (UP) Perinatal Collaborative

ATTENTION! This is a virtual Zoom meeting. Please register below.

The next Region 1 (UP) Perinatal Collaborative meeting:
Tuesday, April 20th, 2021 | 9 AM - 12 PM EST | WEB ONLY

Register here:

https://zoom.us/meeting/register/tJcqd-2rrjsqHtFPN_usPLhw7oGTnU3W8RIT

After registering, you will receive a confirmation email containing information about joining the meeting

Check out our new website!

<https://www.uphcs.org/region-1-perinatal-quality-collaborative/>

Announcements:

- The **Maternal Infant Health Summit** is still accepting [Exhibitor and Sponsor requests](#). Requests are being accepted until **April 30, 2021**. If you, or your colleagues, are interested in exhibiting at the MIH Summit, please be sure to review the document that is linked, and submit the request form by April 30, 2021.
- [2021 Maternal Health Safety Sessions](#) (MDHHS, Michigan Health and Hospital Association and MI AIM) Healthcare providers in birthing hospitals in **Regions 1, 2, 3 & 10** are the participants of focus for the Safety Sessions in 2021.
- MDHHS Michigan Breastfeeding Plan Work group – Meetings begin **April 20th, 2021**. To join, please contact [Ms. Shatoria Townsend](#), State of Michigan Breastfeeding Coordinator.
- [MDHHS Launches Campaign to Promote Harm Reduction Services](#)

Webinars/Training:

- [Motivational Interviewing Workshop](#) – **July 19, 2021 from 9:00 AM-12:00 PM EST**
- [Office of Minority Health Culturally and Linguistically Appropriate Services \(CLAS\)](#) in Maternal Health Care **e-Learning Program**. No cost. Earn up to 2 CE's. Register at: <https://thinkculturalhealth.hhs.gov/maternal-health-care>.
- **Webinar: "Serving Indigenous Families in Lactation"** by Meredith Kennedy, Aadizookewinini, is available on-demand on the Michigan Breastfeeding Network website (www.mibreastfeeding.org)

- **National Center on Substance Abuse and Child Welfare** - Dialogue with Experts Series: Implementing a Family-Centered Approach for Families Affected by Substance Use Disorders and Involved in Child Welfare Services – One Hour sessions on **April 6 & April 8, 2021**. Register [here](#).
- [From Concept to Action: An Equity Approach to Improving Maternal & Infant Health](#)
- [Child, Adolescent and School Health Conference \(CASH\)](#) – MDHHS Webinar #2: Understanding and Addressing Bias Based Bullying **May 4, 2021 from 2:30-4:00PM EST**. Register [here](#).
- MSU Extension Child and Family Development April Programs at [MI Stronger Family - MSU Extension](#). Additional flyers attached below in the Resources Section.

Resources:

- [Delta-8-THC Consumption Associated with Adverse Reaction in Other States](#)

Weekly Update

Maternal Infant Health Program



Please share this information with all
MIHP team members.

Monday, March 22, 2021

- [Michigan Breastfeeding Plan Workgroup Opportunity](#)
 - [MDS and IDS Additions Coming](#)
 - [Bedtime Routines to Promote Infant Safe Sleep](#)
 - [New! Spanish and Arabic Language Documents Posted](#)
 - [Call for Proposals: MIBFN Racial Equity COVID-19 Fund](#)
 - [Colorectal Cancer Awareness Month](#)
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Michigan Breastfeeding Plan Workgroup Opportunity

MDHHS is excited about the official release of [The Michigan Breastfeeding Plan: Strategies to Advance Breastfeeding 2021 – 2024](#). Thank you to everyone who participated in this process through our statewide survey, public comment period, and internal workgroup. We are committed to increasing breastfeeding initiation, duration and closing the breastfeeding disparity between Black Indigenous People of Color (BIPOC) families and White families. MDHHS recognizes the root cause of breastfeeding disparities is systemic racism, and centers systemic racism as a driver for breastfeeding inequities.

MDHHS would like to collaborate with partners and communities to begin putting the Michigan Breastfeeding Plan into action by forming a workgroup to do so. If you are interested in participating in a workgroup dedicated to moving the plan forward or would like to be involved in another way, please contact the State of Michigan Breastfeeding Coordinator, Shatoria Townsend, at TownsendS2@michigan.gov, **by April 2nd**.

The title of the workgroup will be decided on by its participating members. Please feel free to pass this request on to your colleagues and community members who

would be interested in learning more. We will begin scheduling meetings after April 2nd.

We look forward to working on the next phase of The Plan with community members and those committed to Michigan Breastfeeding.

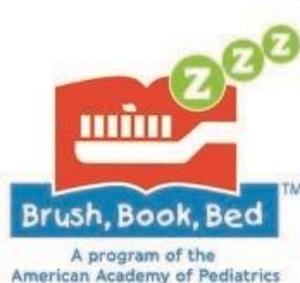
MDS and IDS Additions Coming

An updated Maternal Discharge Summary (MDS) and Infant Discharge Summary (IDS) will be deployed the morning of **March 30th from 8:00am - 10:00am**. The updated versions contain additions that are required to meet legislative reporting requirements. The MDS will have two additional questions with follow-up; the IDS will have one additional question with follow up.

MDS will now ask if a beneficiary had a tobacco risk or depression score, whether they received a referral, and whether the referral was followed up on. IDS will now ask about developmental risk, whether the infant received a referral to Early On, and whether the referral was followed up on.

Please inform all staff that the MIHP application will not be available during the deployment window. New screenshots of the MDS and IDS will be posted to include the new required fields.

Bedtime Routines to Promote Infant Safe Sleep



Brush, Book, Bed is a program of the American Academy of Pediatrics that helps families structure their child's bedtime routine. Kids and babies love routines. Follow a set pattern every night for about 30 minutes starting at the same time. Your regular nighttime routine should include brushing teeth, reading together, and then bed. Brush, Book, Bed.

Brush

- Each night help your child brush their teeth.

- Use fluoride toothpaste: $\frac{1}{2}$ Children under 3 - Use a smear $\frac{1}{2}$ Children 3-6 - Use a pea size amount
- A child's first visit to the dentist should be by age one.

$\frac{1}{2}$ Book $\frac{1}{2}$

- Read a book with your child before bed. Reading aloud is important to help your child learn to read.
- Talking, signing, reading, and singing support early learning and development, and strengthen the parent-child bond.
- The more words your child hears when talking with you, the more connections their brain makes.
- Tune in, talk more and take turns $\frac{1}{2}$ Talking is Teaching!

$\frac{1}{2}$ Bed

- After brushing teeth and reading together, it is time to go to bed.
- Make daytime playtime. Talk, sing, and play with your child during the day.
- Keep lights dim and use a soft voice at night.
- Babies should sleep in a crib, bassinet or pack $\frac{1}{2}$ n play on their backs without pillows, blankets, or stuffed animals.

Learn more at [Brush, Book, Bed: How to Structure Your Child's Nighttime Routine.](#)



New! Spanish and Arabic Language Documents Posted

We are happy to announce that the MIHP Education Packet has been translated into Arabic and Spanish. Both versions have been posted on the $\frac{1}{2}$ Parent/Family

Resources: ½ page of the MIHP website. In addition, a shortened printable version of the English language packet (graphics excluded) has been posted.

Call for Proposals: MIBFN Racial Equity COVID-19 Fund

The Michigan Breastfeeding Network (MIBFN) is excited to announce an open call for applications from breastfeeding supporters and/or organizations that are led by and serve breastfeeding supporters and support organizations led by and serving families of color, with priority given to applicants serving Black and/or Indigenous families. Applications will be accepted until April 15th. Funding has been provided by MDHHS through Title V funding to support local, community-based breastfeeding supporters. ½

Click [HERE](#) for more information and to access the application.



Colorectal Cancer Awareness Month



March ½ is [National Colorectal Cancer Awareness Month](#). This observance, which is led by the Colorectal Cancer Alliance, is designed to highlight the importance of colorectal cancer screening, prevention, and treatment.

Screening is the number one way to prevent colorectal cancer, which according to the [CDC](#), is the second deadliest cancer among men and women combined. Routine [screening](#) ½ is recommended beginning at age 50 because the risk for colorectal cancer increases with

age. Additionally, medical professionals often recommend a diet low in animal fats and high in fruits, vegetables, and whole grains as a way to help lower risk.

Unfortunately, due to COVID-19, the number of colorectal cancer screenings has declined. This month, take the [pledge](#) to get screened and encourage your friends and family to do the same.

ACEs Prevention Survey

Our partners at the Michigan Public Health Institute (MPHI) are the recipients of a CDC *Data to Action* grant focused on Adverse Childhood Experiences (ACEs). As part of that project, MPHI is gathering information about sources of ACEs data being used by the field, types of ACEs prevention programs across the state, and how ACEs data could be better used to inform decision making about ACEs prevention. If you would like to provide input, please complete this very brief survey: <https://dataentry.ibem-is.org/surveys/?s=84CNYPX3J8>.

As mentioned at the Community of Practice webinar on March 17th, MIHP has been invited to partner with MPHI on this initiative. MDHHS MIHP staff will be sharing more information about the initiative and opportunities for agencies to participate.

If you have any questions about the capacity assessment or questions about the interview, please reply to this email or contact Lauren LaPine, Special Projects Coordinator at MPHI at llapine@mphi.org.

Michigan WIC Update

The Michigan WIC Program invites you to [make your voice heard by submitting feedback on WIC Program operations through April 30](#).

The majority of Michigan WIC clinics continue to serve clients remotely, as waivers allowing for such remote service provision are currently active through May 20, 2021. Should the waivers be further extended, WIC will share those updates as soon as possible.

Michigan [WIC has launched a new Food Guide](#) that details recent updates to our list of WIC-authorized foods. Changes include the expansion of many food category options including canned and frozen fruits and vegetables, as well as additional fish options for exclusively breastfeeding women. [Electronic versions of our new Food Guide are available here](#).



By visiting www.michigan.gov/wic or downloading the free WIC Connect mobile app, you can learn more about WIC eligibility and services, locate the nearest WIC clinic or WIC-authorized vendor, and access information about any current benefits.

[Contact WIC with questions or requests for WIC promotional and educational materials.](#)

[JOB OPPORTUNITY: Maternal Infant Health Unit Manager](#)

For more information visit [State of Michigan Job Openings: Maternal Infant health Unit Manager.](#)
Closing: 3/22/2021



[Women's History Month](#)

Women's History Month is a time to acknowledge and uplift the accomplishments and contributions of women worldwide. This month, we honor all the women who thrived, innovated, and never gave up – their tenacity and drive inspires current and future generations.

From Abigail Adams to Susan B. Anthony, Sojourner Truth to Rosa Parks, the timeline of women's history milestones stretches back to the founding of the United States. The celebration of **Women's History Month** has been observed annually in the month of March in the United States since 1987.

At the same time we celebrate, we must reflect. This month is also a reminder of what progress can be made to support women, mothers, and birthing people. As our nation heals from both the pandemic and the structural racism and sexism that has persisted for so long, it's important to acknowledge that women and mothers of color have sacrificed the most.

[Discover how NICHQ is celebrating this month and how you can be involved.](#)

[WEBINAR: It's OK Not to Be OK](#)

National Institute for Health Care Management (NIHCM) hosts Health Care Workforce webinar on Physician Burnout and Mental Health. Speakers include health care leaders who are working to reduce burnout in their industry and address challenges related to the pandemic.
March 24, 2021 from 2:00 PM – 3:00 PM

Coordinator Directory

[Click here to access the Coordinator Directory](#)

Topic Submission

If you have suggestions for topics to be addressed in future additions of the MIHP Weekly Update, please submit your ideas [here](#).

Previously Released MIHP Weekly Updates

To review any previously released MIHP Weekly Updates, they can be found by visiting the MIHP webpage Michigan.gov/MIHP or by clicking [here](#).

Our communication for the Maternal Infant Health Program has been streamlined to a single email address and phone number. Please forward all email to MIHP@michigan.gov. For further assistance, contact the state office @ **1-833-MI4-MIHP (1-833-644-6447)**. Thank you.

Reproductive Health Listening Sessions!

The MDHHS Family Planning Program is excited to announce that they will be hosting several virtual listening sessions across the state this summer with women and men of reproductive age (15 to 44 years old) to learn more about their lived experiences accessing sexual and reproductive health care and services (e.g., birth control, STI testing, annual exams), barriers to care, and provider interactions. Achieving equitable health outcomes begins with incorporating the knowledge and expertise of Michiganders!

MDHHS is looking to partner with community organizations that can connect us with community members interested in sharing their experiences. Community partners will receive an honorarium for assisting MDHHS with recruitment and logistics. Community members will receive a stipend for their participation. Listening sessions will be held in a format that balances safety and ease of participation. If your organization is interested

in partnering or can connect MDHHS with a community organization, please contact Jessica Hamel at hamelj5@michigan.gov